



Broulee Surfers SLSC



www.brouleesurfersslsc.org.au

Junior Surf Life Saving Handbook 2018 - 2019 Season

BROULEE SURFERS SURF LIFE SAVING CLUB

Welcome to the 2018-2019 Nipper season at Broulee Surfers SLSC. We would like to take the opportunity to welcome new members and to also welcome back some familiar faces. As a club, we hope that this season will be as successful as previous years and we look forward to watching our Nippers develop into junior surf lifesavers throughout the year.

The Junior Sub-Committee, responsible for organising Nipper activities, consists of parents like you. Most Committee members have children who either are Nippers or have been in the past so they have first hand knowledge of being a Nipper parent. As a club we strongly believe in the value of surf education for the well being of our children at the beach.

2018-2019 Broulee Surfers SLSC
Junior Sub-Committee

NIPPER COMMITTEE 2018-2019

WATER SAFETY CO-ORDINATOR

John Papadimitriou

alexдеми@harbourisp.net.au

0414965497

AGE MANAGERS & CO-ORDINATORS

Andrew Mizzi (U14)

andrew@trussworx.com.au

0402306024

Simone Elliott (U13)

sselliotts@gmail.com

0447178040

Jo Flood (U12)

gjfloody@bigpond.net.au

0414431389

Greg Flood (U12)

gjfloody@bigpond.net.au

Jessica Campbell (U11)

jesscampbell711@gmail.com

0498639687

Bruce Grant (U11)

Bruce.grant@cfrelectrical.com.au

0402260750

Daniel Beby (U10)

danielbeby@hotmail.com

0439667364

Jason Domeny (U10)

jdomeny@iinet.net.au

0403316698

Sarah Carol (U9)

Sarah.Carrol@esc.nsw.gov.au

0428608971

Nathan Mansfield (U9)

nathanmansfield@yahoo.com

0479016575

TBA (Under 8)

JUNIOR ACTIVITIES

Nipper's is held Sunday mornings between 10.00 am and 12.00 pm and some Saturday afternoons between 3.00 pm - 5.00 pm. Parents must accompany their child to the front of the gear shed for a 9.50am briefing prior to Nippers. All parents/caregivers are expected to remain on the beach throughout Nippers. This ensures that the child's Age Manager knows who they have in their care and that a parent is close by.

There are set activities and events for all Nippers to participate in. They are designed to combine the elements of education, such as team cooperation, knowledge of the beach and of surf conditions, as well as physical skills. The knowledge and skills learnt at nippers are skills for life.

ESSENTIALS FOR NIPPERS

- A positive attitude.
- Parent, Grandparents, Guardians on beach.
- Sunscreen Screen.
- BSSLSC Nippers cap, pink vest, swimmers
- Any medications normally available to the child when participating in a competitive environment (ie Ventolin etc if required) . Parents must be available to administer.
- Drink bottle
- Goggles (optional but strongly encouraged as surf skills are developed)
- Wetsuit (optional but particularly useful at season start)
- Towel
- Warm clothes for after Nippers session
- A smile

WHAT TO DO ON NIPPER'S DAYS

- Assemble at front of gear shed at 9.50am ready for briefing on the day's activities and any other information.
- There will be several plastic tubs labeled by age group placed under the sun shelter on the beach. This is where goggles and drink bottles can be stored.
- Age Managers will call a roll at the beginning of Nippers and provide numbers to the Water Safety Coordinator.
- Nippers will rotate through activities (water, beach, games and SLS education). Safety measures to be undertaken to ensure the child's safety. Children must stay with their Age Manager at all times, if children must leave their group, to go to the toilet etc, the Age Manager must be told prior to them leaving. No child is to enter the water unless authorised by the Age Manager. All Nippers must have a parent/guardian on the beach.
- At the conclusion of Nippers, parents must sign children off the attendance roll and Nippers must **REMOVE** their cap after being signed off.
- **Each age group is responsible for packing up their equipment including carrying boards off the beach.**
- Children are not to leave the beach/club surrounds until collected by an adult.

WHY JUNIOR SURF LIFESAVING?

Junior surf lifesaving (Nippers) is one of the fundamental areas of the lifesaving movement.

Being a member of Broulee Surfers SLSC allows your child to have an identity within Surf Lifesaving Australia and know that they are part of a great national tradition that is identified worldwide.

Our Club offers every child an opportunity to develop confidence and skills in and out of the water with the added bonus of having fun along the way.

Nipper's is often seen as being for those kids that are good at swimming and surfing - this is not the case. It is vitally important that all children have knowledge of the hidden dangers of our beaches. During the season every child is shown (in a way that they are able to understand) a little about the dangers of the surf and ways to avoid getting into difficulties in and out of the water. This is part of the National Surf Education Program. This is an ideal way of introducing inexperienced and frightened children to the surf environment.

Children who satisfy the Surf Lifesaving Australia's standards of water proficiency can enjoy the water activities. These include swimming in the surf and board paddling.

For those who are not yet ready to obtain their water proficiency, there are beach-based activities to participate in until they gain the necessary skills and confidence. Beach activities include Beach Sprints, Beach Sprint Relays, Flags, Wades, Surf Education (theory), March Past, and other fun activities.

WHAT DO THEY LEARN?

Whilst providing a platform for fun, enjoyment and competition at an individual or team level, all children are encouraged to participate in junior surf lifesaving awards appropriate to their age group.

Surf Education is a series of graded activities that aims to teach children the basic facts about the beach, the water and the environment. The Surf education program covers, Surf Awareness, Surf Safety, Surf Smart and Surf Rescue.

Nippers are also taught the fundamental skills of both the beach and water activities to prepare them for the carnivals should they want to enter into the competitions.

Nipper Awards:

U8 Surf Aware One

Focus is on understanding, identifying and demonstrating sun smart guidelines and dangers that relate to themselves, as well as what it means to feel safe, recognising emergency situations and how to get help, the beach environment and communities surf lifesavers operate in, surf sports skills focus on; body boarding, wading, dolphin-diving, beach sprint starts and beach flags.

U9 Surf Aware Two

Personal Safety Networks are introduced so participants are comfortable asking for help; impact of surf lifesavers on the beach, introduction to safety tips and the ability to identify hazardous surf conditions, begin to use a nipper board, basic board positioning and paddling, body surfing, sand running technique and diving for a beach flag.

U10 Surf Safe One

Identify surf club officials, water conservation, sun safety consequences of skin damage, learn about rips, recognising unsafe behaviours and relating these areas to preventative actions, introduction to resuscitation and CPR on a manikin,

U11 Surf Safe Two

Participants are encouraged to persist when needing help, energy conservation, recognising 'at risk' people and recognising and managing patients suffering from a range of basic first aid cases, how to perform CPR working towards a Resuscitation Certificate, interpersonal and beach signage communication, surf sports skills focusing on: board dismounts, catching waves on a board, board relay, surf swimming techniques, crouching beach sprint starts and ironman/ ironwoman and cameron relay transitions.

U12 Surf Smart One

Learn about rights and responsibilities as a member of SLSA, how weather impacts the beach environment, on skin cancer and staying fit and healthy, the role of patrols, managing rips and using them to assist in rescues, work towards a Basic Emergency Care Certificate (as well as a Resuscitation Certificate), more signals, board rescue, rolling under a wave on a board, diving under large waves, beach sprint arm and leg drive and beach flags race strategies.

U13 Surf Smart Two

SLSA Member Safety and Wellbeing Policy, global warming and climate change impact on surf life saving, 10 surf safety tips, communicating with beach users, professional emergency services, tube rescue, Basic Emergency Care Certificate (as well as a Resuscitation Certificate), complete basic first aid and resuscitation, participate in an event for each of the disciplines:

board race, board rescue, surf race, run-swim-run, beach sprint, beach relay, beach flags, ironman/ ironwoman and cameron relay.

U14 Surf Life Saving Certificate (SRC) *

The Under 14 age group is perhaps the most important age group for juniors. It is the last year of the structured Nipper Program and the first where the junior members can start to participate in regular surf lifesaving activities - patrols, open carnivals, etc. A number of skills and knowledge lessons are provided that lead towards the Surf Rescue Certificate (SRC). The SRC is the introductory award for patrolling surf lifesavers and allows the recipient to take part in beach patrols. A member must be 13 years of age to sit the assessment for this award. Completion of this award is a minimum requirement for participation in surf sports competition as an Under 14 (and in some instances as an Under 15).

Most Under 14 members will complete this award as part of their regular junior activities. (* Assessment of SRC can only be completed by an approved Assessor)

All members are required to gain their respective Surf Education award for their age group every season prior to 31 December.

Membership

Children who join a Surf Club can look forward to having fun, meeting friends and learning surf skills that will enable them to progress to becoming competent Surf Life Savers.

Age groups range from a minimum age of 7 years (U/8) up to a maximum age of 13 years (U/14) on a seasonal basis.

The age group for the season is determined as at midnight on the 30th September at the commencement of that season. Listed below are the age groups members will be in for the 2018/2019 season if they are born between the following dates.

AGE GROUPS

Month of Birth	2004	2005	2006	2007	2008	2009	2010	2011
January	too old	U14	U13	U12	U11	U10	U9	U8
February	too old	U14	U13	U12	U11	U10	U9	U8
March	too old	U14	U13	U12	U11	U10	U9	U8
April	too old	U14	U13	U12	U11	U10	U9	U8
May	too old	U14	U13	U12	U11	U10	U9	U8
June	too old	U14	U13	U12	U11	U10	U9	U8
July	too old	U14	U13	U12	U11	U10	U9	U8
August	too old	U14	U13	U12	U11	U10	U9	U8
September	too old	U14	U13	U12	U11	U10	U9	U8
October	U14	U13	U12	U11	U10	U9	U8	U7
November	U14	U13	U12	U11	U10	U9	U8	U7
December	U14	U13	U12	U11	U10	U9	U8	U7

The above ages are applicable as of midnight on 30th Sept 2018

Please note: Proof of age/birth certificate must be shown for all new children joining Surf Club.

NIPPER CALENDAR 2018-2019

Date	Event
October	
Saturday 13th	Pool Swim Moruya, Time 10am - 12pm
Saturday 27th	Sydney Water - 1 st Round, Venue TBA - 8am Start
Sunday 28th	Nippers Commences 10am - 12pm, Broulee Beach
November	
Saturday 3rd	Sydney Water Series - 2nd Round, Venue TBA - 8am start
Sunday 4 th	Nippers 10am - 12pm, Broulee Beach
Saturday 10 th	Sydney Water Series - 3rd Round, Venue TBA - 8am start
Sunday 11th	Nippers 10am - 12pm, Broulee Beach
Saturday 17 th	Sydney Water Series - 4th Round, Venue TBA - 8am start
Sunday 18 th	Nippers 10am - 12pm, Broulee Beach - OCEAN SWIM PROFICIENCIES
Sunday 25th	Nippers 10am - 12pm, Broulee Beach
December	
Sunday 2nd	Bermagui Nippers Carnival - 8am start NO NORMAL NIPPERS
Saturday 8th Sunday 9 th	Interbranch Carnival, Blackhead Beach, Mid North Coast
Sunday 9 th	Nippers 10am - 12pm, Broulee Beach
Saturday 15th	Twilight Final Nippers for 2018, 3pm - 5pm. Christmas Party and BBQ.
Sunday 16 th	FSC Senior Carnival - Batemans Bay

January	
Sunday 27 th	Friendly SENIOR Training Carnival - Bermagui
February	
Saturday 2nd, Sunday 3rd	2019 Stramit NSW Country Surf Life Saving Championships, Cudgen Headlands
Saturday 2nd	Twilight - Nippers resumes for 2019, 3pm-5pm and BBQ
Sunday 10th	Nippers 10am - 12pm Broulee Beach
Sunday 17th	Nippers 10am - 12pm Broulee Beach
Sunday 24th	Nippers 10am - 12pm Broulee Beach
MARCH	
Friday 1st, Sat. 2nd, Sun.3rd	NSW State Age Championships - Swansea Belmont Beach, Newcastle
Sunday 3rd	Nippers 10am - 12pm, Broulee Beach
Saturday 9th	Twilight Nippers - 3pm to 5pm, NO BBQ
Sunday 10 th	Broulee Bay to Breakers Ocean Swim
Saturday 16 th & Sunday 17th	Wambiri -Under 13/14 Nippers Camp
Sunday 17 th	Nippers 10am - 12pm, Broulee Beach
Saturday 23rd	FSC Senior Carnival - Tathra
Sunday 24 th	FSC Junior Carnival - Tathra 8am start, NO NORMAL NIPPERS
Sunday 31st	Nippers 10am - 12pm Broulee Beach
APRIL	
Sunday 7th	FINAL DAY OF NIPPERS FOR 2019 - 10am 12pm BBQ
Saturday 13 th	FSC Branch Championships - SENIOR Carnival, Broulee
Sunday 14 th April	FSC Branch Championships - NIPPERS Carnival, Broulee
	NIPPERS PRESENTATION TO BE DECIDED, WILL BE AFTER THE SCHOOL HOLIDAYS

The Child Protection (Working With Children) Act 2012

The Child Protection (Working With Children) Act 2012 came into effect in June 2012.

The Act means that a **"prohibited person"** is not permitted to work or continue to work with or alongside children.

"Prohibited person" is a person who has been convicted of a serious sex offence.

"Work" includes performance as a volunteer for an organisation.

This Act means that as a volunteer organisation we are required by Law to request that each volunteer involved in working with or near children complete a comprehensive Working with Children Check.

In addition, **every adult Club member** is required to complete a Working with Children declaration form. This is all for the protection and wellbeing of our children.

There are severe penalties for failing to comply with the Act, including fines and periods of imprisonment. The Checks and/or declaration you are asked to complete is our compliance with the Act.

Privacy and discretion are assured with the treatment of your documentation and we also follow the SLSA Privacy Policy.

Photographs

The club uses images on the club website, facebook page and for promotional purposes. If you do not wish your child's image to be used please inform your age manager.

PARENTAL INVOLVEMENT

Parental involvement in any club, in any sport is vital to its success and our club is no different, we rely heavily on the co-operation, help and patience of all parents.

The junior side of surf lifesaving can be a very rewarding experience for the whole family. The kids learn valuable skills in a safe and fun environment and you can contribute to their education by supporting the club and becoming involved.

Parents are invited to gain their Surf Rescue Certificate (SRC) or their Bronze medallion or a Surf Lifesaving award such as first aid, advanced resuscitation, and radio operator. Other areas of interest may include becoming an Age Manager, Coach, Carnival Official or Recorder.

Those parents that have gained their Surf Rescue Certificate (SRC) or their Bronze Medallion can assist with club or carnival surf events as a Water Safety Officer. Please note that it is a SLSNSW and Broulee Surfers SLSC requirement that parents without the relevant surf lifesaving qualifications are unable to assist with nippers water activities.

Help is required on a weekly basis from all parents with beach set up and pack up.

WATER SAFETY

Your child, if qualified to participate in the ocean swims, may from time to time get into difficulty. It is the responsibility of the qualified lifesavers (Water Safety personnel) to help that child out and encourage them to continue, or if not able, pick up and take back to the shore. Every element of this process is well rehearsed. For more information please feel free to talk to the Water Safety Officer or the Junior Co-ordinators.

It is strongly advised that children are working towards becoming proficient swimmers through learn to swim lessons or squad training. This will increase their confidence and ability in the water and enhance their Nipper experience.

NIPPER AWARDS

Nippers will be acknowledged for their achievements at an end of season presentation. Various awards will be presented.

These awards will include but will not be limited to:

- Age Champion
- Runner up
- Encouragement Award.

Age Champion awards have a set number of criteria which includes attendance and participation at Sunday nippers, carnival participation and results, and overall attitude. Further information regarding these criteria can be obtained from Age Managers.

Be aware, be informed Club Communication System

Find out what's going on around the club, the more you get involved the more you will get out of the club and the more fun you and your children will have! Check out the NOTICES, a weekly email with all club news and events, the Broulee Surf Club Facebook site and the web page <http://www.brouleesurfersslsc.org.au/>.

**JUNIOR PARTICIPATION SKILL EVALUATION
& JUNIOR COMPETITION QUALIFICATION**

<i>Junior Participation Skill Evaluation</i>	<i>Junior Competition Qualification</i>
The following swims are required so that children can participate in beach and water activities at Broulee. COMPULSORY	The following swims are necessary if children wish to participate in carnivals.
Under 8 25 metre swim (any stroke). 1 minute survival float.	NIL
<i>Junior Participation Skill Evaluation</i>	<i>Junior Competition Qualification</i>
Under 9 25 metre swim (any stroke). 1 minute survival float.	Under 9 Run-Swim-Run (50m-50m-50m) 150m open water swim
Under 10 25 metre swim (freestyle). 1.5 minutes survival float.	Under 10 Run-Swim-Run (50m-50m-50m) 150m open water swim
Under 11 50 metre swim (freestyle). 2 minutes survival float.	Under 11 Run-Swim-Run (50m-100m-50m) 200m open water swim

Under 12 100 metre swim (freestyle). 2 minutes survival float.	Under 12 Run-Swim-Run (50m-100m-50m) 200m open water swim
Under 13 150 metre swim (freestyle). 3 minutes survival float.	Under 13 Run-Swim-Run (100m-100m-100m) 200m open water swim
Under 14 200 metre swim (freestyle, in less than 5 minutes). 3 minutes survival float.	Under 14 Run-Swim-Run (100m-100m-100m) 200m open water swim

ALL CHILDREN SHOULD AIM TO OBTAIN THEIR JUNIOR COMPETITION QUALIFICATION. THIS WILL ALLOW CHILDREN TO PARTICIPATE IN ALL ACTIVITIES APPROPRIATE TO THEIR AGE GROUP.

By way of explanation, the purpose of the run-swim-run is to test a child's ability and confidence in the surf as opposed to the relative calm conditions of a pool. The run-swim-run is completed in the presence of qualified life savers.

AGE MANAGERS

A junior Age Manager is responsible for the supervision, wellbeing, and basic training of the nipper in their allocated age group. Most of all the Age Manager is responsible for the promotion of enjoyment, sportsmanship and fun in all activities.

Duties performed by Age Managers include:



Supervision of children, ensuring their safety and wellbeing during all junior activities;



Acting in a way which positively influences the personality and social development of the children;



Recording of participation and results in events conducted on 'point scoring' days;



Have a basic understanding of competition rules and regulations;



Develop appropriate guidelines for their allocated age group in case of their absence.

CARNIVALS

Carnivals are an optional activity for all Nippers. They will require preparation, planning and time. The benefits for each nipper attending carnivals can be great with team and individual rewards increasing your child's self esteem.

Our club has a set competition calendar showing the local carnivals that it will support. We normally setup our own club tent and supply all boards and equipment to the children within our club. Carnivals cost \$5 per competitor. Money will be collected at Nippers the week prior to the carnival.

Each year there is a NSW Country Championships and a NSW State carnival held where thousands of competitors assemble to compete. You are required to talk with your child's' age manager if your child thinks they would like to attend these carnivals as participation is subject to individual assessment.

Please note that your child must pass the competition swim distances in the ocean as per surf lifesaving requirements detailed in this booklet.

CARNIVAL EVENTS

Water Events:

Wading Race: U8s only - Competitors run through knee to waist high surf, and may wade, dive and/or swim their way around the water section of the course that includes three (3) water safety persons as markers, then return to shore and finish between the flags

Wade Relay: U8s only - Competitors are divided into teams of 4 members.

Each member is numbered 1 to 4 and as he/she completes the course they are to tag the next numbered competitor, until all have completed the course

Swim Race: U9 up - Competitors commence from the start line on the beach, enter water, swim around the buoys (commonly termed 'cans'), return to shore and finish between the flags

Swim Teams: U9 up - Competitors are divided into teams of 4 members. All competitors swim the same course (together as a group) as the Swim Race. Upon completing the course each swimmer is given a place number. The team of 4 with the lowest score is the winner.

Board: U9 up - Competitors commence from the start line on the beach, enter water, paddle around specific buoys, exit water finish by crossing a judging line on his/her feet whilst holding the board. Ages U9 to U10 use foam Nipper boards, U11 to U13 fibreglass Nipper boards and U14s use fibreglass Malibu racing boards

Board Relay: U9 up - Competitors are divided into teams of 3 members each.

Competitors wear uniformed tops numbered 1, 2 or 3. The event commences with paddler 1 starting, completing the course and tagging 2, who completes course and tags 3 who races to the finish line

Ironperson Events: U11 up - This event combines a beach run with a swim and a board leg

Cameron Relay: U9 up - Team consists of 4 competitors, being a swimmer, 2 sprinters and a board paddler

Buchanan Relay: U9 up- Team consists of a swimmer, board paddler, wade, and 4 sprinters

Board Rescue: U11 up - Teams comprise of a patient & a rescuer. The patient swims to an allotted buoy, touches the buoy with one hand & signals to the Rescuer, a board paddler, by raising the other arm in a vertical position. The patient then

retires to the seaward side of the buoy as the Rescuer paddles to the allotted buoy. Behind the buoy the patient climbs onto the board and both paddle back to shore, passing through the finish competition line with both in contact with the board.

Beach Events:

Beach Sprint: U8 up - Competitors sprint against each other on a beach track of 70 metres

Beach Relay: U8 up - Team consists of 4 members who pass a baton to each other at end of sprint legs

All Age Relay: U8 up - Team consists of 7 members, male or female, with each from a different age group. Competitors run in order from youngest to oldest

Beach Flags: U8 up - Batons are positioned 15 metres away, in a line parallel to the start line and shall be approximately in the centre of the space between competitors. Competitors lie face down, with their toes on the start line, heels together, hands on top of each other with finger tips to wrist and the head up.

Elbows must be extended forward so that the chest lies flat on the sand. No scooping of sand or digging in of the feet is permitted. On the command "Heads

Down" the competitors will stretch their chins forward and place the chin on their hands & await the start. At the starter's whistle the competitor shall get to his/her feet as quickly as possible and attempt to obtain a baton

March Past: March Past competition is another traditional event that provides a platform for discipline and surf club spirit. March Past supports Surf Club spirit, friendship and the carrying of the flag raises pride in the club colours.

As you can see there is a broad cross section of events designed to develop the skills and fitness of our future Surf Life Savers. Please be mindful that competing at Carnivals is encouraged, but not compulsory.

CARNIVAL TIPS

Here are some tips designed to make carnival days successful for the whole family:

Prepare for a full day of outdoor activity by ensuring that you have ample healthy food, water, sunscreen, appropriate clothing, club swimmers, club competition cap and a hat.

Arrive early and assist in pitching tents and moving equipment onto beach.

All Nippers to report to Age Managers ASAP to be marked off. All non-officials and non-competitors to stay out of the competition area

Age Managers to be informed as a matter of urgency of a competitor for any reason withdrawing from an event. Although encouraged, no child will be forced to compete in an event if they do not want to or if the Age Managers do not believe they are capable. Parents are asked to support such decisions. Notify Age Managers of any repairs that are needed damage to equipment, ie marque, tie downs, Nippers boards, etc.

At conclusion of Carnival please assist in pack up of tents and equipment.

Enjoy the day, support each other, have fun and be proud to be part of Broulee Surfers Lifesaving club.

MEMBERSHIP FEES

NIPPER	\$65.00
FAMILY (of 4)	\$200.00
FAMILY + 1 additional member	\$225.00
ASSOCIATE	\$30.00

CLUB UNIFORMS

All enquiries for swimwear, rash shirts and other club clothing can be directed to Karen Senior at the surf club boutique.

***IT IS COMPULSORY TO WEAR THE NIPPERS CAP AND PINK SAFETY VEST WHEN TRAINING AT NIPPERS AND ALSO AT CARNIVALS WHEN IN THE WATER**

Nipper Caps are available from the Boutique in the Surf Club at a cost of \$15.00

SUNSMART POLICY

SLIP on a T shirt. One with a high neck, sleeves to the elbow and one that you can't see through is best.

SLOP on sunscreen minimum of factor 30+ and one that is water proof. It must be applied 15 minutes before going into the water!

SLAP on a hat. The best type is one with a broad rim.

WRAP on some sunnies, with a 100% UV filter.



CODES OF CONDUCT

NIPPER CODE

PLEASE:

1. Play to enjoy the sport;
2. Follow the rules;
3. Do not throw sand, it can be dangerous ;
4. Return and wash your board at the shed;
5. Carry your board and not drag it.
6. Notify your age manager if you notice the board needs repairing;
7. Do not argue with official's decisions. In a carnival situation, the team manager can ask the necessary questions;
8. Be a good sport, encourage all Nippers
9. Treat other Nippers as you like to be treated;
10. Remember the aim is to have fun and improve your ability;
11. Always stay with your age group;
12. Nipper caps must be worn at all times;
13. After sign off take your Nipper cap off, you are no longer your Age Managers responsibility;
14. Listen to your Age Manager and team mates;
15. Competing is most important, winning is a bonus.

Note: Because of the risk of disrupting or endangering others in the age group, any nipper who does not follow the above code may be asked to leave the beach on the day.

PARENT/GUARDIANS CODE

PLEASE:

1. Ensure your children understand the above mentioned Nipper code;
2. Be present on the beach at all times;
3. Do not make an unwilling child participate in a sport;
4. Children are involved in sport for their enjoyment, not yours. Don't spoil it by being too intense;
5. Encourage the effort, it is as important as the result;
6. Work towards improving skills and sportsmanship;
7. Do not yell and abuse a child for making a mistake. They are trying as hard as they can;
8. Do not publicly question an official's decision;
9. Be on your guard against projecting your own aspirations onto your child;
10. Recognise the value and importance of volunteer coaches.

SPECTATORS CODE

PLEASE:

1. Applaud good efforts by your own team and their opponents;
2. Show respect for your teams opponents. Without them there would be no competition;
3. Condemn the use of violence in all forms;
4. Respect ALL decisions made by the officials;
5. Encourage competitors to always play according to the rules;
6. Do not use profane language or harass competitors, coaches or officials.

IMPORTANT ADDITIONAL INFORMATION

- 6 The club cap must be worn at all times during Nippers sessions and the vest at all times when in the water, this also applies at carnivals;
- 6 Nippers must bring a rash vest or T-shirt, water bottle, hat, cap, pink vest and sunscreen to all beach activities;
- 6 A child must be proficient in their age group before they can compete at any carnival;
- 6 The minimum of 1 parent/guardian per child/family must be present during Nippers in case of illness or injury;
- 6 No adult member of the club is permitted to supervise or assist in any children's activities on the beach or within the boundaries of the club without having first signed the Child Protection Declaration. **No adult can assist with water activities unless suitably qualified;**
- 6 Care must be taken whilst handling the Club's equipment. It is costly to replace/repair and may cause injury if mishandled;
- 6 Surf Life Saving is a self-funded organisation that relies on the generosity of the community. If you know of any interested parties that can assist with sponsorship and donations please email or phone any of the Age Managers.
- 6 **Please remember that Nippers is run by volunteers. We strongly encourage all family members to participate in the running of nipper activities.**

Finally, if you have any queries or questions please do not hesitate to contact the Junior Co-ordinator or any Committee member of the club.

BSSLSC NIPPERS RELOCATION PROCEDURE

The decision to stay at South Broulee or move Nippers to North Broulee will be made according to the SLS Standard Operating Procedure, page 62.

The Patrol Captain shall have internal SLS 'control' of all lifesaving activities on the beach including 'Nippers'.

The Nipper Coordinator (person in charge of Nippers on the day) shall have delegated 'command' of their water safety delivery requirements - as per the SLSA Water Safety Policy. The Nipper Coordinator and the Patrol Captain should conduct a risk assessment and agree for Nipper activities to take place, however the command role is undertaken by the Patrol Captain as necessary and this means that the Patrol Captain has final authority on whether Nipper activities can proceed or not.

An ongoing line of communication should be maintained between the Patrol Captain and Nipper Coordinator, including a pre-activity briefing. The Nipper area shall be in contact with the patrol via radio at all times.

- Formal Risk Assessment conducted by Water Safety Supervisor/Nippers co-ordinator using the hard copy risk assessment form or i phone app.
- Option of Under 13's and Under 14's staying at South Broulee whilst younger ages proceed to North. This is dependent on sufficient numbers of capable water safety available and the patrol captain agreeing to them proceeding with Nippers at South Broulee.

- If Under 13's/U14's stay at South Broulee a 2nd risk assessment is completed and signed off by the Age Manager in charge.
- Water Safety: All water safety must sign logbook.

Steps to take once decision is made to move to North Broulee Beach

1. Patrol

- All Age Managers sign on as patrol (roaming)
- All Age Managers form the patrol to cover Nippers
- Patrol captain to inform any late comers of the move.

2. Water Safety

- All water safety must sign onto the logbook.
- Appropriate water safety equipment is taken to North Broulee.
- Water Safety co-ordinator takes radios to North Broulee, ensuring they have contact with South Broulee patrol.

3. Safety Equipment

- Appropriate safety equipment be taken including :
- First aid kit with oxygen, bum bag for patrolling members
- mobile phone
- ATV to take injured Nippers back to surf club.
- Radio's x 2 (one for back up), Rescue boards and tubes
- Flags to mark Nippers area's

NIPPER BOARD INFORMATION

Boards are the biggest expense for Nippers at our club. It is imperative that we all take responsibility and look after our boards.

BOARDS

Foamies - (used ONLY by 9-10year olds)

- 6 feet 6 inches long
- Must be SLSA approved
- Only to be used in the lying position, not kneeling or standing
- Replacement cost \$600^{[L][SEP]}

Fibreglass Boards - (used ONLY by 11-13 age groups)

- 6 feet 6 inches long^{[L][SEP]}
- Must be SLSA approved^{[L][SEP]}
- Only to be used in the lying position, not kneeling or standing.
- Replacement cost \$1000

Mals - (used ONLY by 11-13 age groups)

- 10 feet 6 inches long^{[L][SEP]}
- Must be SLSA approved^{[L][SEP]}
- Used in the lying or kneeling position
- Replacement cost \$1800

Mals and glass nipper boards are made of fibreglass and epoxy resin, not polyester resin as used with normal surfboards. Epoxy is lighter and stronger than polyester resin. Epoxy is extremely toxic and difficult to work with; therefore repairs are very expensive.^{[L][SEP]}

Please use the club's boards as if they were your own.

Basic Board Care

- When placing on the beach, place face down with the fin up.
- The sun destroys boards. Place in shade if not using.
- Cover with a towel or similar ^[]_{SEPP} when on the beach for extended periods.
- Report all damage immediately to age managers or gear stewards.

**NIPPERS CARNIVAL RESULTS
2018 - 2019 SEASON**

Flags	Sprint	Swim	Wade	Relays	Board